After the crossing.

A conversation about endurance, family, and the people who help us keep going. For a club screening or a small-group discussion after the 74-minute documentary.

Before you begin

Allow 20-30 minutes for discussion. Invite people to pass on any question. The film touches on cancer and family experiences; nobody needs to share personal details. Listen without trying to fix another person's experience.

Five questions to open the conversation

1. What moment stayed with you after the film? What made it stand out?

2. How does the meaning of the crossing change when you consider the family story behind it?

3. What does the film suggest about the relationship between determination and accepting help?

4. A solo swim still involves a support team. Who makes the difficult things in your life possible?

5. Did the film change how you think about endurance, care, or the goals you choose?

Bring it back to your community

Invite one small, practical next step: thank someone in your support team, share the film, or learn about cancer research. Keep participation voluntary. A discussion does not need to end with a commitment.

For hosts

Arrange public or group screening permission with the film team before advertising an event. An individual online rental does not grant public screening rights. Ask about caption and language requirements when planning your screening.

Screening enquiries: info@swimminghomedoc.com
Film & resources: swimminghomedoc.com/host-a-screening.html
Support cancer research: gustaveroussy.fr/nous-soutenir/comment-nous-soutenir